

Psychology Practicum Program VA Boston Healthcare System 2021-2022

VA BOSTON HEALTHCARE SYSTEM - JAMAICA PLAIN CAMPUS

- ❖ PTSD Clinical Team
- ❖ Women's Trauma Recovery Team (WTRT)
- ❖ Substance Abuse Treatment Program
- ❖ Behavioral Medicine
- ❖ Neuropsychology
- ❖ Center for Returning Veterans

VA BOSTON HEALTHCARE SYSTEM - BROCKTON CAMPUS

- ❖ Rehabilitation Psychology Program
- ❖ Women's Integrated Treatment & Recovery Program (WITRP)

Director of Practicum Training: Dr. Colleen Jackson

Contact: Colleen.Jackson@va.gov

Psychology Service Health Systems Specialist: Tai Antoine

Contact: Tai.Antoine@va.gov

VA Psychology Practicum Program Overview

The VA Boston Psychology Practicum Program provides focused clinical training to advanced graduate students in psychology. Training emphasizes provision of clinical services to veterans in a variety of specialty areas, as described below. Experiences are designed to be cumulative, with the student acquiring and developing appropriate levels of mastery of a variety of assessment and psychotherapeutic skills over the course of their practicum. Supervision is extensive, with students receiving orientation to both VA Boston Medical Center and Mental Health Service Line policies. Regularly scheduled meetings with an assigned supervisor are required.

The VA Boston Psychology Practicum Program is committed to providing an inclusive and welcoming training culture, and practicum students will have opportunities to work with veterans with diverse identities.

Please note that each rotation has assigned days for attendance that are required, and that vary across rotations. Please pay close attention to these time commitments for each rotation and discuss any questions you might have with the relevant supervisor(s). These days are typically non-negotiable due to the stringent space demands that exist in this hospital setting. The practicum rotation has the right to rescind an offer to a student who accepts, then states after accepting that they cannot be at the VA on any portion of the days specified when the offer was accepted. Also, the exact starting date for practicum can vary across rotations, typically ranging from the third Monday in August to the week after Labor Day. Please check with the rotation with which you are interviewing about projected start dates.

Please also note that **the listed practica do not meet Massachusetts requirements as Advanced Practicum**, and therefore will not qualify as clinical hours for MA licensure. Please verify the status of the rotation at the time of your interview.

The COVID-19 pandemic has resulted in modifications to clinical training for practicum students during the current training year. Specifically, practicum students in most rotations are currently providing care via telehealth from their homes unless there is a specific need for direct (face-to-face) care. Safety procedures consistent with CDC and local facility guidelines are maintained, including mandatory screening upon presenting at the hospital, mandatory mask and other PPE requirements, maintaining distances, cleaning protocols, and hand washing for any students coming into the VA. It is currently unknown whether practicum students will provide care in-person, remotely, or a combination of the two during the 2021-2022 training year. However, we anticipate continued delivery of high-quality practicum student training experiences, while also maintaining the safety and health of patients and students.

VA Boston Healthcare System, Jamaica Plain Campus
150 South Huntington Avenue
Jamaica Plain, MA 02130

PTSD Clinical Team

Practicum students working in the PTSD clinical team have the opportunity to acquire treatment experience working with veterans diagnosed with PTSD and other trauma-related disorders. This practicum is for advanced students, and acceptance is contingent on availability of office space in the medical center. Trainees have the opportunity to train in semi-structured interviewing for PTSD and evidence-based treatments for PTSD (e.g., Cognitive Processing Therapy, Prolonged Exposure), as well as group therapy for PTSD.

- ❖ Accepting one 12-16 hour/week practicum student
- ❖ Schedule requirements: Must be available on Monday and Wednesdays

Supervisors: Drs. Gina Poole LaPosta, Karen Krinsley, Scott Litwack, Laurel Brown, and Barbara Niles

Women's Trauma Recovery Team

The Women's Trauma Recovery Team (WTRT) is an outpatient mental health program affiliated with the Women's Health Sciences Division of the National Center for PTSD, and serves women veterans with PTSD and other trauma-related mental health difficulties. Women veterans treated in WTRT are quite diverse on sociodemographic and other variables, have experienced a variety of military and other lifespan traumatic events (e.g., sexual assault, including military sexual trauma; childhood abuse; intimate partner violence; combat and warzone trauma), and typically have complex clinical presentations. This placement is for advanced students (fourth year or higher), and runs through mid-August. Trainees will have the opportunity to conduct comprehensive psychosocial assessments and to provide a variety of evidence-based individual psychotherapies, with a primary focus upon training in Cognitive Processing Therapy for PTSD. Trainees may also have the opportunity to collaborate on research within the Women's Health Sciences Division.

- ❖ Accepting one 8- to 12-hour/week practicum student.
- ❖ Schedule requirements: Tuesday mornings; Wednesdays 11:30-12:30 team meetings. Other scheduling dependent upon medical center space considerations; however, this placement will include time across at least two days of the week.

Supervisors: Drs. Eve Davison and Colleen Sloan; additional staff from WTRT and Women's Health Sciences Division

Substance Abuse Treatment Program

Practicum students are typically involved in conducting audiotaped short-term and longer-term individual psychotherapy under licensed staff supervision, in doing measurement-based care assessments, and in co-leading cognitive-behavioral substance use relapse prevention psychotherapy groups and in co-leading various psycho-educational groups (with members of our treatment team) in the Substance Abuse Treatment Program (residential and outpatient components) at the Jamaica Plain campus of VA Boston HCS. Both the shorter-term and longer-term treatments of choice are, typically, different types of empirically-supported cognitive-behavioral therapy. The patient population consists primarily of poly-substance users (who typically use some combination of alcohol, cocaine, and heroin/oral opiates). Patients frequently present with co-morbid psychiatric diagnoses of depression, PTSD, and anxiety disorders, and with personality issues, medical problems, and legal and psychosocial difficulties.

- ❖ Accepting two 20-24 hour/week practicum students.
- ❖ Schedule requirements: Mondays, Wednesdays, Fridays

Primary Supervisors: Drs. Glenn Trezza and Monica Roy

Additional Supervisors: Drs. Molly Below and Anne Banducci

Behavioral Medicine Program

The Behavioral Medicine Program provides comprehensive mental health and behavioral health services for Veterans with a broad range of medical conditions and health concerns. Practicum students in the Behavioral Medicine Program co-lead a variety of outpatient cognitive-behavioral groups (e.g., depression related to chronic medical illness, stress management, smoking cessation, weight management, and insomnia), participate in multidisciplinary care, and may have the opportunity to conduct problem focused short-term therapy. In addition, the practicum student may do consultation/liaison in the context of the renal dialysis unit. The practicum student also attends the weekly Behavioral Medicine team meeting where cases and didactics are presented. Additional opportunities may be available depending upon the days the practicum student is present on site.

- ❖ Accepting one 16-20 hour/week practicum student.
- ❖ Schedule requirements: Monday and/or Tuesday and Friday

Supervisors: Rebecca Ametrano, Ph.D., Michelle Kovacs, Ph.D.,

Sarah Leone, Ph.D., ABPP; Morgan McGillicuddy, Ph.D., DeAnna Mori, Ph.D., and Amy Silberbogen, Ph.D., ABPP

Neuropsychology Program – Jamaica Plain

The neuropsychology practicum is 16-20 hours per week and takes place at the Jamaica Plain Campus. Students typically see 1 patient per week for neuropsychological evaluation and gain experience in interviewing, test administration, scoring, interpretation, report preparation and feedback to patients, patient families and referral source. The primary clinical setting is the outpatient Neuropsychology Consult Service. Group and/or individual therapy experiences are available but are dependent upon training needs, space and time allowances (will be in addition to assessments). Students may attend weekly case conferences. Attendance at monthly Neurobehavioral Rounds (4th Thursday of the month 9am-11am) and Neuropsychology didactics (1pm-3pm on Thursdays) are required (open to discussion if there is a significant schedule conflict). Research opportunities are available. Prior coursework in assessment is required. Prior coursework in cognitive assessment, neuroanatomy, and/or neuropsychology are recommended, as is prior neuropsychology assessment experience.

- ❖ Accepting one-two 16-20 hour/week practicum students.
- ❖ Schedule requirements: Thursday afternoons are required. Mondays and Tuesdays are preferred for clinic days.

Primary Supervisors: Laura Grande, Ph.D., ABPP/CN, Colleen Jackson, Ph.D., ABPP/CN; Susan McGlynn, Ph.D., ABPP/CN

Additional Supervisors: William Milberg, Ph.D., ABPP/CN, Betsy Leritz, Ph.D., ABPP/CN, Deepa Acharya, Ph.D., ABPP/CN, Christopher Brady, Ph.D.
Cate Fortier, Ph.D.

Center for Returning Veterans

The Center for Returning Veterans provides assessment and psychotherapy focused on post-deployment readjustment for veterans who served as part of Operation Iraqi Freedom/Operation Enduring Freedom/Operation New Dawn. Practicum students working in the clinic will acquire experience with treating a range of disorders, including PTSD and sub-diagnostic posttraumatic stress symptoms, as well as adjustment, anxiety, depressive, and substance use disorders. Students will have opportunities for training in a range of evidence-based practices, including attending a two-day workshop in Cognitive Processing Therapy. Participation in a multidisciplinary team meeting and case-conference/didactic series is strongly encouraged.

- ❖ Accepting one 12-16 hour/week practicum student.
- ❖ Schedule requirements: attendance at Tuesday case-conference/didactic team meeting, 2-3pm

Supervisors: Drs. Kevin Brailey, Erin Daly, Sarah Krill Williston, and Jill Scott

VA Boston Healthcare System, Brockton Campus
940 Belmont Street
Brockton, MA 02301

Rehabilitation Psychology Program (Brockton)

Rehabilitation Psychology is an area of psychological practice concerned with assisting individuals with disabilities to achieve optimal psychological, physical, and social functioning. The Rehabilitation Psychology rotation emphasizes closely supervised clinical experiences in inpatient with some opportunity for outpatient settings for individuals with chronic disabilities within the Spinal Cord Injury / Dysfunction (SCI/D) Service continuum of care, located at the Brockton campus (https://www.boston.va.gov/services/spinal_cord/SCIProgramGoalsandOutcomes.pdf). All patients have a primary medical condition such as Spinal Cord Injury/disorder, Multiple Sclerosis, or ALS. This rotation provides systematic training in the application of psychological principles and techniques to treat mental health issues including personality disorders, depression, grief, anxiety, late-life PTSD, dementia, behavioral concerns, end of life issues, and complex neuro-psychiatric presentations that requires a full "team intervention" to optimize care and enhance quality of life. Interventions include individual sessions and group work, as well as team support and development. Assessments include annual psychosocial assessments and consultations for neuropsychological and decision-making capacity assessments. Scholarly inquiry, program evaluation, dissemination and literature reviews relating to clinical cases are a regular part of this rotation. Additional opportunities may be available depending upon the days that the practicum student is present on site and interest of the trainee.

- ❖ Accepting one 16- 20 hour/week practicum student
- ❖ Schedule requirements: Strongly prefer Wednesday 9:15-11:00AM for team meetings

Supervisor: Dr. Maggi Budd

Women's Integrated Treatment & Recovery Program (WITRP)

WITRP is an 8-9 week intensive dual-diagnosis residential treatment program for women veterans with both PTSD and SUD. WITRP admits veterans from throughout the country in cohorts of eight women. The typical profile of veterans admitted to the program involves a significant history of substance use with difficulty maintaining sobriety, as well as a history of multiple traumas including, but not limited to, Military Sexual Trauma. WITRP offers skills-oriented groups utilizing components of evidence-based treatments including CBT, DBT, CPT-C, EMDR and mindfulness. In addition to developing and honing coping skills, the program focuses on addressing the shame and lack of self-compassion that represent significant obstacles to recovery for many substance users and trauma survivors. Cultivating greater self-compassion and self-acceptance and increasing experiences of positive emotion are important components of the therapeutic work. Weekly individual

therapy is provided to support and augment the group work. Trainees conduct comprehensive psychosocial assessments; co-lead groups and provide individual therapy; and participate in interdisciplinary team meetings and case conferences.

- ❖ Accepting one 16-24 hour/week practicum student
- ❖ Schedule requirements: Wednesdays required

Supervisor: Dr. Sharon Baker